



*I have seen a vast improvement in my children's emotional well-being. I attribute this change to [the MFLC] and her support group.*

*It has been the key factor in getting my children through this terribly sad and emotional time in their lives.*

*Neither I nor my husband could even begin to thank her enough for what she has done for [my children]. My husband is due home in about two weeks, and we all are thankful for that day to come. When he does return, he will come to group to personally thank [the MFLC], along with pictures of happy children welcoming home their Daddy, a United States Marine.*

*With utmost respect, a Military Spouse*



## **CHILD AND YOUTH BEHAVIORAL MILITARY AND FAMILY LIFE COUNSELORS**

### **MILITARY AND FAMILY LIFE COUNSELING PROGRAM**





## WHO ARE CYB-MFLCs AND WHAT DO THEY DO?

CYB-MFLCs are

- » Masters or Doctorate-level licensed counselors specializing in child and youth behavioral issues
- » Available at no cost to assist children and youth, parents, family members and staff of child and youth programs
- » Available to provide short-term, non-medical counseling support

Services are private and confidential with the exception of child abuse/neglect, domestic abuse and other duty-to-warn situations.

## HOW DO CYB-MFLCs MAKE A DIFFERENCE?

CYB-MFLCs provide a wide range of support to military children and youth, family members and staff who work with children by

- » Engaging in activities with children and youth
- » Providing behavioral interventions in classrooms, at camps and in Child Development Centers to assist staff in setting and managing boundaries
- » Modeling behavioral techniques and providing feedback to staff
- » Being available to parents and staff to discuss interactions with children and other concerns
- » Facilitating psycho-educational groups

## ISSUES ADDRESSED BY CYB-MFLCs

- » School adjustment
- » Deployment and separation
- » Reunion adjustment
- » Sibling and parent-child communication
- » Behavioral concerns
- » Fear, grief and loss

