

# EGLIN FITNESS & SPORTS

## DRESS CODE RULES FOR ALL FSS FITNESS FACILITIES



**YES!**

### TOPS

- Must meet the top of shorts or pants when standing
- With built-in undergarments

### BOTTOMS

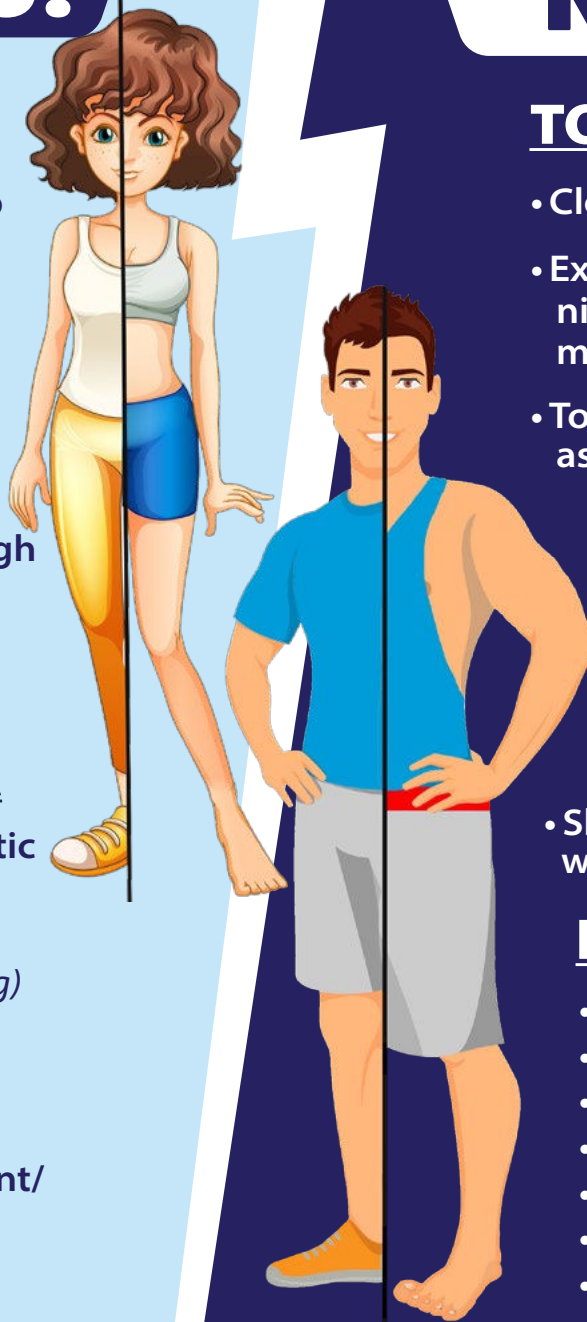
- Pants and Mid-thigh length shorts
- With built-in undergarments

### FOOTWEAR

- Appropriate athletic closed toed shoes (i.e. tennis, running, court, cross-training)

### OTHER

- Proper hygiene
- Limited use of scent/perfume/cologne



**NO!**



### TOPS

- Clothing with rivets
- Exposed cleavage chest/nipple, back, side, and midriff area
- Tops designed to be worn as an undergarment

### BOTTOMS

- Saggy pants
- Denim
- Clothing with rivets
- Exposed gluteus muscles
- Shorts designed to be worn as an undergarment

### FOOTWEAR

- Bare feet
- Flip flops or sandals
- Open-toed shoes
- Crocs/clogs
- High heels
- Dress Shoes
- Cleats

**Altered PT Uniforms NOT ALLOWED**

*Anything not covered by these rules would be at the discretion of Facility Management.*



**850-882-6223**